

# Confetti Creamed Corn

- Prep Time 15 min
- Total Time 15 min
- Servings 8

1 cup water  
6 cups frozen corn  
1 medium red bell pepper, chopped (1 cup)  
4 oz (half of 8-oz package) 1/3-less-fat cream cheese (Neufchâtel), cut into small cubes  
1/4 cup fat-free half-and-half  
1/2 teaspoon salt  
1/4 teaspoon pepper  
2 tablespoons grated Parmesan cheese  
2 medium green onions, sliced (2 tablespoons)



1. In 3-quart saucepan, heat water to boiling. Add corn and bell pepper. Cover; reduce heat to medium. Cook 6 to 8 minutes, stirring occasionally, until vegetables are tender. Drain; return to saucepan.
2. Stir in all remaining ingredients except green onions. Cover; cook over medium-low heat, stirring frequently, until heated and mixture is well blended. Spoon into serving dish; sprinkle with green onions.